

AUGUST 2024



BREAKFAST



This institution is an equal opportunity provider.



Nutrition Tip: Drink water! Sip water or other drinks with few or no calories to stay hydrated and help maintain a healthy weight. Keep a water bottle in your bag or at your desk to satisfy your thirst throughout the day.



Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



5

6

7

1

2

8

9

12

13

14

15

16

19

20

21

22

23

26

NO SCHOOL

EGGO WAFFLE W/ SYRUP
OR
CEREAL CART
FRUIT
MILK OPTION

27

MINI BAGELS W/ TOPPINGS
OR
CEREAL CART
FRUIT
MILK OPTION

28

CROISSANT W/ TOPPINGS
OR
CEREAL CART
FRUIT
MILK OPTION

29

NO SCHOOL

30

SEPTEMBER 2024



BREAKFAST



This institution is an equal opportunity provider.



September is National Biscuit Month. Try a breakfast sandwich on a biscuit or try out a new recipe with chicken and biscuits this month!



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Labor Day
NO SCHOOL

2

YOGURT & GRANOLA
OR
CEREAL CART
FRUIT
MILK OPTION

3

BOSCO STICKS
OR
CEREAL CART
FRUIT
MILK OPTION

4

ENGLISH MUFFIN W/ TOPPINGS
SAUSAGE PATTY
OR
CEREAL CART
FRUIT & FRUIT SMOOTHIE
MILK OPTION

5

SHEETPAN CHOC CHIP
PANCAKES
OR
CEREAL CART
FRUIT
MILK OPTION

6

BACON/EGG/CHEESE PIZZA
OR
CEREAL CART
FRUIT & FRUIT SMOOTHIE
MILK OPTION

9

EGGO WAFFLE W/ SYRUP
OR
CEREAL CART
FRUIT
MILK OPTION

10

MINI BAGELS W/ TOPPINGS
OR
CEREAL CART
FRUIT
MILK OPTION

11

YOGURT & GRANOLA
OR
CEREAL CART
FRUIT
MILK OPTION

12

BANANA CHOC CHIP MUFFIN
OR
CEREAL CART
HARD BOILED EGG
FRUIT
MILK OPTION

13

SAUSAGE & PANCAKE ON A STICK
OR
CEREAL CART
FRUIT
MILK OPTION

16

YOGURT & GRANOLA
OR
CEREAL CART
FRUIT
MILK OPTION

17

BOSCO STICKS
OR
CEREAL CART
FRUIT
MILK OPTION

18

ENGLISH MUFFIN W/ TOPPINGS
SAUSAGE PATTY
OR
CEREAL CART
FRUIT & FRUIT SMOOTHIE
MILK OPTION

19

SHEETPAN CHOC CHIP
PANCAKES
OR
CEREAL CART
FRUIT
MILK OPTION

20

BACON/EGG/CHEESE PIZZA
OR
CEREAL CART
FRUIT & FRUIT SMOOTHIE
MILK OPTION

23

EGGO WAFFLE W/ SYRUP
OR
CEREAL CART
FRUIT
MILK OPTION

24

MINI BAGELS W/ TOPPINGS
OR
CEREAL CART
FRUIT
MILK OPTION

25

YOGURT & GRANOLA
OR
CEREAL CART
FRUIT
MILK OPTION

26

BANANA CHOC CHIP MUFFIN
OR
CEREAL CART
HARD BOILED EGG
FRUIT
MILK OPTION

27

SAUSAGE & PANCAKE ON A STICK
OR
CEREAL CART
FRUIT
MILK OPTION

30



AUGUST 2024



LUNCH



This institution is an equal opportunity provider.

Birthday lunches are a silent auction item available for purchase at Grand Beginnings.



Menus are subject to change based on availability of product.

Extra Entree: \$2.85
 Extra side: \$1.40
 Extra milk/cold lunch milk: \$0.70



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



WALKING TACOS
 CILANTRO LIME RICE
 BLACK BEAN / CORN MIX
 SHREDDED ROMAINE
 FRUIT
 MILK OPTION
 GF

TURKEY, BACON SUB
 ROMAINE & TOMATOES
 PICKLES
 CHIPS
 FRUIT
 MILK OPTION
 GF

SPAGHETTI
 MEAT SAUCE
 BREADSTICK
 ROMAINE & PEAS
 FRUIT
 MILK OPTION
 GF



SEPTEMBER 2024



LUNCH



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Menus are subject to change based on availability of product.

Extra Entree: \$2.85
 Extra side: \$1.40
 Extra milk/cold lunch milk: \$0.70



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Labor Day

2

NO SCHOOL

FRENCH BREAD PIZZA
 ROMAINE
 EDAMAME
 FRUIT
 MILK OPTION

3

GRILLED CHEESE
 TOMATO SOUP
 ROMAINE & CARROTS
 FRUIT
 MILK OPTION
 BIRTHDAY TREAT

4



CORN DOGS
 CORN MUFFIN
 ROMAINE & CORN
 FRUIT
 MILK OPTION

5

SWEDISH MEATBALLS W/ GRAVY
 PENNE
 DINNER ROLL
 ROMAINE & CUCUMBERS
 FRUIT
 MILK OPTION

6

CHEESY BREAD
 MARINARA DIPPING SAUCE
 ROMAINE & BROCCOLI
 FRUIT
 MILK OPTION

9

GF

HAMBURGER/CHEESEBURGER
 FRENCH FRIES
 BAKED BEANS
 ROMAINE & CARROTS
 FRUIT
 MILK OPTION

10

GF

CHICKEN GRAVY
 MASHED POTATOES
 ROMAINE & CORN
 FRUIT
 MILK OPTION

11

CHICKEN & CHEESE
 QUESADILLA
 REFRIED BEANS
 ROMAINE & CUCUMBERS
 FRUIT
 MILK OPTION

12

GF

CHICKEN BOOM BOOM
 ROASTED RED POTATOES
 ROMAINE & PICKLES
 FRUIT
 MILK OPTION

13

GF

HOT DOG W/ BUN
 BAKED BEANS
 CHIPS
 ROMAINE & EDAMAME
 FRUIT
 MILK OPTION

16

GF

SEASONED GROUND BEEF
 WHOLE GRAIN RICE
 ROASTED BROCCOLI
 ROMAINE & PEAS
 FRUIT
 MILK OPTION

17

GF

CHICKEN NUGGETS
 TATER TOTS
 ROMAINE & CARROTS
 FRUIT
 MILK OPTION

18

TURKEY, BACON SUB
 ROMAINE & TOMATOES
 PICKLES
 CHIPS
 FRUIT
 MILK OPTION

19

GF

CHICKEN NOODLE SOUP
 CHEESE/TORTILLA ROLL-UP
 ROMAINE & BROCCOLI
 FRUIT
 MILK OPTION

20

GF

HOT DOG W/ BUN
 CHIPS
 BAKED BEANS
 ROMAINE
 FRUIT
 MILK OPTION

23

GF

SWEDISH MEATBALLS W/ GRAVY
 PENNE
 DINNER ROLL
 ROMAINE
 FRUIT
 MILK OPTION
 BIRTHDAY TREAT

24



SOFTSHELL CHICKEN TACOS
 CILANTRO LIME RICE
 BLACK BEAN / CORN MIX
 SHREDDED ROMAINE
 FRUIT
 MILK OPTION

25

GF

SPAGHETTI
 MEAT SAUCE
 BREADSTICK
 ROMAINE & PEAS
 FRUIT
 MILK OPTION

26

GF

GRILLED CHEESE
 TOMATO SOUP
 ROMAINE & CARROTS
 FRUIT
 MILK OPTION

27

GF

FRENCH BREAD PIZZA
 ROMAINE
 EDAMAME
 FRUIT
 MILK OPTION

30

