

Dear Parents,

We have our Updated COVID-19 Health and Safety Plan ready to implement starting Monday, January 31st! This includes a few updates to the number of quarantine and isolation days due to illness or exposure from the plan sent last week. Please read it carefully and let us know if you have any questions. Thanks for your continued help and support as we work to keep our schools safe!

EXPOSURE PROCEDURES:

Children who have a direct exposure at school, have two options:

1. Continue to come to school but wear a well-fitting mask for 5 days. This applies to children enrolled in the Older Explorers, Discovery and Kinderstart classes. Families are welcome to send a disposable mask or use one provided by LADC.
2. Choose to quarantine their child for 5 days, and LADC will split the cost of tuition as stated in our original policy.

Children who continue to attend school with a direct exposure from their classroom will:

- Be asked to test on the evening of day #5. LADC will provide a test kit if we have a supply.
- Have their temperature taken twice a day by LADC staff for 5 days following the exposure.

IF A CHILD TESTS POSITIVE FOR COVID: UPDATED POLICY

We will follow the new MDH guidelines of quarantining for 5 days.

This updated policy does not apply to children under the age of two or for children who are unable to wear a well-fitted mask. Their quarantine period will still remain at 10 days.

- A student can return to school on Day 6, if they have no remaining COVID symptoms.
- The student will wear a mask at school for 5 additional days after returning.
- LADC will split the cost of tuition as stated in our original policy.

FAMILY MEMBER EXPOSURE: UPDATED POLICY

If a child has a family member with COVID and the child is unable to isolate from them, they will need to quarantine for 5 DAYS FOLLOWING the positive family member's 5-day quarantine.

- LADC will split the cost of tuition as stated in our original policy.

FEVER/TEMPERATURE: UPDATED POLICY

We are returning to our original Fever/Temperature Policy:

- Children who are fever-free (with no medications) for 24 hours, may return to school.

PLEASE CONTINUE DAILY HEALTH MONITORING

Because the spread of COVID-19 from unknown sources continues to be widespread in MN, please continue to watch your child for symptoms, which include:

- Fever of 100.4 degree
- New cough or a cough that gets worse
- Difficulty breathing
- New loss of taste or smell
- Sore throat
- Nasal congestion/stuffy or runny nose
- Nausea, vomiting, or diarrhea
- Muscle Pain
- Extreme fatigue
- Severe headache
- Chills

Together for Children,
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