

Notes from the Nurse:

Regular attendance at school throughout a student's school-life is very important, however, there are times when a student should be kept home for the sake of their health and the school community. The following guidelines can help you make that decision.

- 1 If your student has a fever of 100 degrees or higher, he or she should stay home for 24 hours after the temperature returns to normal (when not on fever-reducing medications).
- 2 If your student has vomited and/or diarrhea, he or she should stay home for 24 hours after the last episode.
- 3 If your student has a rash and you do not know the cause, please check with your doctor before sending them to school.
- 4 If your student is on antibiotics for strep, they continue to be contagious for 24 hours after the first dose of medication, and should not return to school until the 24 hours has elapsed.








If your child cannot participate in school due to health issues,
please inform the school office.

office@nda-mn.org or (952) 358-3500

HELPFUL REMINDERS:

- Wash hands frequently with soap and water.
- When you blow your nose, use a tissue and throw it away.
- Cover your nose and/or mouth when you cough or sneeze.
- If your student is sick, they must stay home.
- If your student is sick when they wake up in the morning, keep them home, even if they feel better part way through the day, they remain contagious to others.

I NEED TO STAY AT HOME IF.....

						
FEVER	VOMITING	DIARRHEA	RASH	HEAD LICE	EYE INFECTION	HOSPITAL STAY AND/OR ER VISIT
Temperature of 100.1 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching and fever	Itchy head, active head lice	Redness, itching and/or "crusty" drainage from eye	Home from hospital stay or visited ER

I AM READY TO GO BACK TO WORK OR SCHOOL WHEN I AM.....

Fever free for 24 hours without the use of fever reducing medication i.e. Tylenol, Motrin	Free from vomiting for at least 2 solid meals	Free from diarrhea for at least 24 hours	Free from rash itching, or fever. I have been evaluated by my doctor if needed.	Treated with appropriate lice treatment at home and proof is provided to nurse	Evaluated by my doctor and have note to return to school	Released by medical provider to return to work or school
---	---	--	---	--	--	--